



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS

www.sandiego.gov
www.miramesarecreationcouncil.org

SPRING PROGRAM 2015

HOURGLASS FIELD COMMUNITY PARK

10440 Black Mountain Road, San Diego, CA 92126

(858) 538-8153 Fax: (858) 538-8150

MIRA MESA COMMUNITY PARK

8575 New Salem St., San Diego, CA 92126

(858) 538-8122 Fax: (858) 538-8104

LOPEZ RIDGE NEIGHBORHOOD PARK

7245 Calle Cristobal, San Diego, CA 92126

(858) 538-8171 Fax: (858) 689-2618



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER @ 619-235-1133) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

WELCOME!!!

Our staff cordially invites you to visit one of three community recreation centers in Mira Mesa; Gil Johnson Recreation Center, Hourglass Field Community Park and Field House and Lopez Ridge Neighborhood Park.

Recreation Center & Schedules

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Mira Mesa	pages 9-10
Events Page.....	pages 11-12

Holiday Closures

Cesar Chavez Day: March 31st, 2015
 Memorial Day: May 25th, 2015
 Independence Day: July 4th, 2015

Important Phone Numbers

Epicenter	(858) 217-5661
SDPD (Non-Emergency)	(619) 531-2000
Ned Baumer Pool	(858) 538- 8083
Senior Center	(858) 578-7325
Report Off Leash Dogs	(619) 767-2675

Volunteers Needed!!

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit www.sandiego.gov/park-and-recreational/generalinfor.volunteer.shtml or contact the Volunteer Office at (619)533-4017.

Individuals with Special Needs

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreation Services staff will provide additional assistance from recreation staff requiring a three week advance notice. An assessment will be determined if one-on-one aide is needed. Therapeutic Recreation Services is a Citywide program that provides recreation opportunities for people with disabilities. More information is available by calling them at (619)525-8247 or (619)525-8249TTD.

Donations

By donating to our park systems, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program, please call the Deputy Director Community Parks I Division, (619)235-1130.

Park Use Information

For park use permits and reservations for the listed areas including, but not limited to sports field use, picnic areas, special events, and gazebos. Please contact the following Recreation Centers:

Hourglass Field Community Park
 (858) 538-8153

Maddox Park	7809 Flanders Dr.
Mason Joint Use	10340 San Ramon Dr.
Mesa Verde Park	8350 Gold Coast
Walker Joint Use	9125 Hillery Dr.
Wangenheim Joint Use	9230 Gold Coast Dr.
Westview Park	11278 Westview Pkwy

Lopez Ridge Neighborhood Park
 (858) 538-8171

Camino Ruiz Park	11498 Camino Ruiz
Sandburg Park	11170 Avenida Del Gato

Gil Johnson Recreation Center
 (858) 538-8122

Breen Park	11103 Polaris Dr.
Challenger Joint Use	10810 Parkdale Ave
Ericson Joint Use	14440 Black Mtn. Rd.
McAuliffe Park	40 Winterwood Lane
Mesa Viking Park	11278 Westonhill Dr
Mira Mesa Community Park	8575 New Salem St

Parks with gazebos in **BOLD** are available for permit.

Youth Sports

Mira Mesa Little League:	eteam2.com/mmwll
Mira Mesa Youth Baseball:	www.mmyb.org
Mira Mesa Youth Football:	www.mmchargers.org
Mira Mesa AYSO:	www.miramesaysso.com
Mira Mesa Girls Softball League:	www.leaguelineup.com

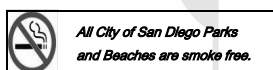
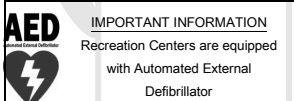
Adult Sports

Co-Ed & Mens Softball:	John Grondona Softballsd.com
Adult Basketball League:	Rob Powell Sandiegobasketball.com
Softball:	Vavi Govavi.com
Senior Softball:	Jerry Hemes (619) 697-1083

Recreation Council Info

The Recreation Council meets on the second Tuesday of the month at 7:00 pm at Lopez Ridge 7245 Calle Cristobal. Public welcome to come share ideas.

For more information please contact your local recreation center.



Permits

Permits will be processed on an appointment basis only. Please make your appointment at least 10 days prior to your desired date to ensure adequate time to complete this process.

Acceptable forms of payment are credit card, check or cash (*exact amount please*). Must provide proof of insurance.

Please make checks payable to: City Treasurer.

Requirements for Independent Contractors

1. All contractors and volunteers must be fingerprinted by the City of San Diego Live Scan process.
2. Contractors must submit a business license, proof of insurance, and provide workers comp coverage for all employees.
3. City staff handles all registration for the program.
4. Contactor's must provide insurance coverage for all employees and liability insurance for all participants.

**** Permit Holder Requirements****

1. Proof of insurance.
2. Own advertisement of program.
3. Registration is handled by permit holder. Permit holder is not required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.

All permit holders are identified with an **permit holder on this program.**

Payment Policy for Classes

- Payment is required at the time of registration.
- Please pay with EXACT cash, check (payable to MMRC), or credit card.
- A \$35.00 fee will be charged for all returned checks.
- Class fees are not prorated or discounted after the beginning of the scheduled session.
- Resident: Resides in the City of San Diego. Property taxes are paid to the City of San Diego.
- Non- Resident: Resides outside of the City of San Diego.

Registration & Payment

Online Class Registration is available FOR ALL classes at Mira Mesa, Hourglass, and Lopez Ridge Recreation Centers.

Class Numbers are located next to class dates for easy access to locating classes online.

Example: (#12345).

Please visit www.SDRECCONNECT.com to create an account and get signed up.

For all Returning Customers (previously registered for classes online)- Click the "my account" button. Enter your login (email) and password. Login with this password to activate your account.

For all New Customers Click on the "create account" button. Fill out the new account request form completely, including all the required fields (birth date, gender, email etc) and click submit. You will then receive a confirmation email at the address you provided. Please follow directions to activate your account.

FIRST TIME USERS ONLY:

Please note: Parent/Guardian must create their own account first using their own information. Once you have an online registration account you will have the opportunity to add a child as a family member.

For any further assistance please click on the FAQ (frequently asked questions) button.

For in person registration please call the recreation centers prior for registration hours.

Refund Policy for Classes

- No partial refunds or make-ups for missed classes (i.e.: routine illness, vacations, or other schedule conflicts). Sorry, no exceptions!!
- A \$10.00 service fee will be charged per registrant for each refund request.
- Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child does not participate after the refund deadline, we cannot process a refund or transfer. Thank you for your understanding.
- A refund request form and your registration receipt must be submitted prior to second class meeting.

Hourglass

10440 Black Mountain Rd. San Diego, CA 92126
(858) 538-8153

STAFF

Angel Castro	Area Manager II
Denise M. Lamb	Center Director III
Eric Brown	Recreation Leader I
Paul Lee	Recreation Leader I
Viviana Silva	Recreation Leader I
DeSean Harris	Recreation Leader I
Omar Harrison	Recreation Leader I
Jai'Vaughn Black	Recreation Aide

Welcome

The staff at Hourglass Park & Field House would like to welcome you and your family to our facility. We offer a variety of activities for both children and adults. Our goal is to provide you with the best activities possible and be able to fulfill your recreational needs. We welcome any suggestions you may have for new and existing activities.

Facility

Hourglass Field House has 3 meeting rooms, kitchen, game room, gym, 7 multi-purpose fields, sports equipment, a dance room with mirrors, playground, and just about anything else to make your visit to the facility enjoyable. If you wish to utilize the facility for a special event or as a regular meeting place, please contact the office for more details.

Hours Of Operation

Monday	2:00 - 9:00pm
Tuesday	2:00 - 9:00pm
Wednesday	2:00 - 9:00pm
Thursday	2:00 - 9:00pm
Friday	2:00 - 8:00pm
Saturday	9:00 - 3:30pm
Sunday	10:00 - 2:00pm

All hours & activities subject to change without prior notice.

Game Room Hours

Monday: 3:00-7:00pm
Tuesday: 3:00-7:00pm
Saturday: 10:00-1:00pm

All hours & activities subject to change without prior notice.

Registration

Monday: 3:00-7:00pm
Wednesday: 3:00-7:00pm
Saturday: 9:00 -1:00pm

Note: Two staff members must be present at time of registration & **permits** are done by **appointment only.**

Exact Cash, Credit Cards, & Checks are accepted.

SEASON DATES May 26-August 8, 2015

Age Divisions

- Pee Wee/5 - 8 (Cal 8): May 27, 2015
(#12215)
- 10 & under (Cal 10): May 29, 2015
(#12216)
- 14 & under (Cal 14): May 26, 2015
(#12217)

Player Evaluations:

- May 2 or May 9, 2015
- 10:00-11:00am 5 to 8 year olds
- 11:00-12:00pm 9 to 14 year olds

Basketball League



\$55.00

Includes jersey
and picnic

REGISTRATION
February 21-May 9, 2015

ARE YOU GOING TO REGISTER ONLINE?

MMRC Online registration Activity Number are assigned for each class and appear in parenthesis; e.g. (#1234)



\$25.00 for Parents who volunteer to coach a team. Financial Aid Available

Fundamentals of Basketball



Learn the basic Fundamentals of Basketball. This class is intended for beginners and experience players who would like to improve their skill level. This is an ideal class for children to build their confidence and self-esteem needed to compete.

Fee: \$30/6 weeks

Beginners

Ages: 5-8 yrs
Day: Wednesday
Time: 5:30-6:30pm
Date: April 8-May 13 2015 (#12019)

Intermediate

Ages: 5-8 yrs
Day: Monday
Time: 5:30-6:30pm
Date: April 6-May 11 2015 (#12193)

Advanced

Ages: 9-12 yrs
Day: Wednesday
Time: 6:30-7:30pm
Date: April 8-May 13 2015 (#12194)

City Staff Programs

Parent's Night Out

Drop your child off with us for a night out to yourself. Your child will have 5 hours of fun playing indoor & outdoor games & activities, dinner & ending the night with a movie!

When: Friday, March 27, 2015 (#12218)
 Friday, April 24, 2015 (#12219)
 Friday, May 29, 2015 (#12220)

Time: 5 10 pm

Fee: \$15.00/session

Ages: 4-12 years old, 20 child minimum



Ice Skating

Skaters can practice during the public session from 3:00pm to 5:00pm before or after their class. Skate rental is included. Students should dress warmly and wear gloves or mittens. Classes are held at: **San Diego Ice Arena**

11048 Ice Skate Place SD 92126 (858) 530-1826.

Instructor: Wendy Smith
Phone #: (858)530-1826
Fee: \$50.00 / 4 weeks

Tot Starter:

Day: Wednesday
Time: 4:00-4:30pm
Ages: 3-5 years
Dates: March 4-25, 2015 (#11832)
 April 1-22, 2015 (#11875)
 May 6-27, 2015 (#11879)

Youth:

Day: Wednesday
Time: 4:30-5:00pm
Ages: 6-12 years
Dates: March 4-25, 2015 (#11854)
 April 1-22, 2015 (#11864)
 May 6-27, 2015 (#11885)

Independent Contractor



Hourglass Field & Community Park

Junior Tennis

This course will teach the forehand, backhand and serve. The scoring system and tennis etiquette will be introduced.

Tennis racquet and tennis shoes are required.

Each student must bring a can of unopened tennis balls.

Instructor: Coach Stan Jefferson
Phone #: (619)770-7187
E-mail: dbadamoyttennis@yahoo.com

Day: Saturdays or Sundays

Fee: \$100.00/10 weeks

(Maximum 12 students per class)

Sundays available only if Saturdays become full.

1 Beginners:

Time: 8:00 - 9:00am (#12186)

or

9:00 - 10:00am (#12187)

Ages: 6 - 10 years

2 Intermediate:

Time: 10:00- 11:00am (#12188)

or

11:00 - 12:00 pm (#12189)

Ages: 8 - 14 years

3 Advanced:

Time: 12:00 pm(#12190)

Ages: 10 - 16 years

Dates: March 28-May 30, 2015

Competitive Tennis & Fitness Training

This course prepares students for competitions in High School and tournaments.

Fee: \$150.00/10 weeks

Ages: 10 years old & Up

Times: 1:00-2:30pm (Saturday) (#12191)

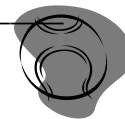
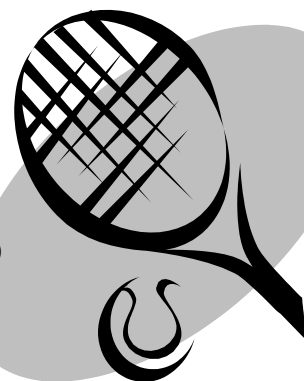
Dates: March 28-May 30, 2015

OR

Times: 2:30-4:00pm (Sunday) (#12192)

Dates: March 29-May 31, 2015

Independent Contractor



Co-Ed Volleyball League

Come find out if this sports for you. If you think you may want to play club or high school Volleyball this is the place to start. This league will focus on technique, skill development and the game. If you think you've got what it takes. **TRYOUTS** will be held to make two teams: a competitive team and a practice squad.

League Date: (#12221)

February 27-June 12, 2015

Fee: \$55.00

League #1: 13-14 years old

League #2: 11-12 years old

Day: Fridays

Time: 6:00-8:00pm

Financial Aid Available. City Staff Programs.



Hourglass Field & Community Park

Dance by Michelle

Instructor: Michelle Fripp
Phone #: (619) 647-5762
Fee: \$77.00 / 8 weeks
Day: Saturday
 (Maximum 15 students per class)



First Steps (#11948)

Classes are designed to teach tap combinations along with exercises to enhance rhythm coordination and motor development.

Time: 9:10 - 10:00am
Age: 3 - 5 years

Introduction to Tap & Jazz (#11983)

Introduction to ballet, tap, and jazz encompassing awareness of music, direction, and body discipline.

Time: 10:10 - 11:00am
Age: 6 & up

Jazz / Tap Combo II (#11997)

Classical jazz and tap "level II" for intermediate dancers by instructor's referral only. Must have basic Jazz and Tap skills to enroll in this class.

Time: 11:10 - 12:00pm
Age: 12 & up
Dates: April 18-June 6, 2015
 Independent Contractor



Fundamentals of Football

Learn the basic Fundamentals of Football. This class is intended for beginners and experienced players who would like to improve their skill level. This is an ideal class for children to build their confidence and self-esteem needed to compete.
 (Maximum 15 students per class)

Day: Fridays
Dates: April 10-May 15, 2015 (#12207)
Ages: 8-10 years old
Fee: \$30.00
Time: 5:00-7:00pm



Our goal is to help children build self-esteem, have fun and to instill positive attitudes that will set the pace for their future athletic development through gymnastics, dance, and cheerleading.

Gymnastics \$90 (6 weeks)

Mondays: 4:00-4:50pm (Ages 4 & up)
Start Dates: March 2-April 13, 2015 (#12181)
 April 20-May 18, 2015 (#12184) \$75

Wednesday: 4:00-4:50pm (Ages 4 & up)
Start Dates: March 4-April 15, 2015 (#12185)
 April 22-May 27, 2015 (#12195)

Thursdays: 3:30-4:20pm (Ages 4 & up)
Start Dates: March 5-April 16, 2015 (#12196)
 April 23-May 28, 2015 (#12328)

4:30- 5:20pm (Ages 4 & up)
Start Dates: March 5-April 16, 2015 (#12327)
 April 23-May 28, 2015 (#12197)

Saturdays: 9:10-10:00am (Ages 4 & up)
Start Dates: March 7-April 18, 2015 (#12198)
 April 25-May 30, 2015(#12204)

10:00-10:50am (Ages 4 & up)
Start Dates: Mar 7-Apr 18 (#12199)
 Apr 25-May 30 (#12203)

11:00-11:50am (Ages: 4 & Up)
Start Dates: Mar 7-Apr 18 (#12201)
 Apr 25-May 30 (#12202)

Hip-Hop \$65 (5 weeks)

Saturday: 12:30-1:20pm (Ages: 4 & Up)
Start Dates: March 7-April 11, 2015 (#12205)
 April 25-May 30, 2015 (#23306)

For full schedule visit
www.SpiritKidsSports.com

or
call 858-229-4462
 Independent Contractor

Lopez Ridge

7245 Calle Cristobal San Diego, CA 92126
(858) 538-8171

Welcome!

Our staff cordially invites you to visit the Park at Lopez Ridge. Look through the program for a class you and your family may enjoy. There are a variety of classes to choose from dance, art, fitness, and sports.

Facility

Lopez Ridge Park has meeting rooms available for rent for birthday parties, board/staff meeting, monthly meetings, trainings and more. We have an outdoor basketball court, softball field, a beautiful shaded playground and picnic area, with a scenic view of native plant life. Nearby Camino Ruiz Neighborhood Park has gazebos available to rent for parties and other special occasions.

Please call 858 538-8171 for more information; reservation required.

Hours Of Operation

Monday:	11:30 - 7:30pm
Tuesday:	11:30- 7:30pm
Wednesday:	11:30 - 7:30pm
Thursday:	11:30- 7:30pm
Friday:	11:30- 6:30pm
Saturday:	9:00 - 3:00pm

Hours of Registration

Saturday:	12:00-3:00pm
Fridays:	12:00-4:00pm

*All hours & activities are subject to change without prior notice.
Appointments must be made with Center Director.*

Staff

Angel Castro	Area Manager II
Trena Bennett	Center Director I
Nicole Dewitt	Recreation Leader I
Lenae Plosczynski	Recreation Leader I
Eleazar Barcenas	Ground Maintenance Worker II

Polynesian Cardio Fitness

This class is designed for teens & adults with a focus on cardio fitness and complete core workout to high-energy Polynesian music. Join us for dynamic and effective interval training with a combination of fast and slow rhythms that will tone your body!

When: Tuesdays 6:00-7:00pm

Fee: FREE!!

March 3-March 25 (#12007)

April 7- April 28 (#12235)

May 5- May 26 (#12018)

City Volunteer



Lopez Ridge Neighborhood Park

CREATIVE COOKING ARTS & CRAFTS

This 2 in 1 program will be filled with double the fun! The kids will have a great time getting messy with art and in the kitchen as they learn how to do a variety of different art projects and make yummy snacks!

March 7-March 28 (#12233)

April 4-April 25 (#11976)

May 2-May 30 (#11980)



Time: 12:30-1:30 pm

Day: Saturdays

Ages: 4-8 years
(Parent/Child class)

Fee: \$10.00

City Staff Program

PEE WEE SPORTS

This class is an introduction of many sports. The kids will learn the basics of sports; develop skills drills, and increase strength and flexibility through free play.

March 2- March 23 (#11966)

April 6-April 27 (#11969)

May 4-May 25 (#11971)



Time: 3:30-4:30pm

Day: Mondays

Ages: 3-7 years

Fee: \$10.00

City Staff Program

LETS GET FIT TOGETHER!

Sick and tired of the same old work out routine? Join us at Lopez Ridge for a variety of work outs!

Class Descriptions

Stretch & Sculpt Training

This class is designed to improve balance, strength, flexibility, reduce stress, and correct spinal and pelvic alignment. It also emphasizes proper breathing.

City Volunteer

Kickboxing Abs Strength Training

Nothing short of sweat and energy, in this class which combines boxing drills and constant movement for the energy workout you're looking for. Improve balance, flexibility and reduce stress.

City Volunteer

Zumba Dance 4 Kids

This class is a fusion of international high energy musical dance themes that create dynamic and effective interval training with a combination of fast and slow rhythms that will tone your body!

City Volunteer

Fit For Me

Designed to encourage participants to set personal goals, make positive changes, and get healthier.

This class will help improve you nutrition and fitness knowledge. Participants will focus on neglected areas of their body and promote a healthy lifestyle.

City Volunteer

Fee: \$10.00 per class

Men and Women are welcome ages 13 & up

No experience necessary!

Class Schedules:

Wednesdays: Stretch & Sculpt Training

Time: 6:00 - 7:00 pm

March 4 - March 25 (#11877)

April 1 - April 29 (#11906)

May 6 - May 27 (#11908)

Thursdays: Kickboxing Abs Strength Training

Time: 6:00 - 7:00 pm

March 5 - March 26 (#11829)

April 2 - April 30 (#11842)

May 7 - May 28 (#11852)

Fridays: Zumba Dance 4 Kids

Time: 4:00 - 5:00 pm

March 6 - March 27 (#11920)

April 3 - April 24 (#11930)

May 1 - May 29 (#11941)

Saturdays : Fit For Me

Time: 9:30 - 10:30 am

March 7 - March 28 (#11951)

April 4 - April 25 (#12234)



ARE YOU GOING TO REGISTER ONLINE?

MMRC Online registration Activity Number are assigned for each class and appear in parenthesis; e.g. (#1234)



Mira Mesa Community Park

8575 New Salem Street, San Diego, Ca, 92126
(858) 538-8122

Welcome

The staff at the Gil Johnson Mira Mesa Recreation Center would like to welcome you and your family to our facilities. We offer activities and programs for both adults and children. Our goal is to enrich lives through quality parks and programs. Please enjoy all the events, programs, and facilities Mira Mesa has to offer.

Hours of Operation

Monday	12:00 - 8:00pm
Tuesday	2:00 - 9:00pm
Wednesday	2:00 - 9:00pm
Thursday	2:00 - 9:00pm
Friday	1:00 - 7:00pm
Saturday	9:00 - 3:00pm
Sunday	10:00 - 2:00pm

Hours subject to change without notice.

Game Room Schedule

Monday:	12:00 - 7:45pm
Tue. & Thurs:	2:00 - 8:45pm
Wednesday	2:00 - 8:45pm
Friday:	1:00 - 6:45pm
Saturday:	10:30 - 2:45pm

All hours and activities are subject to change without prior notice.

Staff

Angel Castro	Area Manager II
Vacant	Center Director III
Michelle Tucker	Recreation Leader I
Jia Arnell	Recreation Leader I
John LaChica	Recreation Leader I
Kyle Marrison	Recreation Leader I
Roque Ramirez	Ground Maintenance Worker II

Hours of Registration

Mondays

12:00 - 4:00pm

Tuesdays & Thursdays

2:00 - 6:00pm

Permits are by appointment only.

All hours and activities are subject to change without prior notice.

Fundamentals of Basic Basketball

Learn the basic fundamentals of basketball. This class is for beginners as well as the experienced player who wants to improve his/her skills. An ideal class for youngsters to build their self esteem needed to compete. (12 maximum)

Instructor: John Garwood
Date: March 26-May 28, 2015 (#11972)
Ages: 6-8 years old
Day: Thursday
Time: 4:30 - 5:30pm
Fee: \$90.00/10 weeks
Independent Contractor

Parent's Night Out

Drop your child off with us for a night out to yourself. Your child will have 5 hours of fun playing indoor & outdoor games & activities, dinner & ending the night with a movie!

Date: May 15, 2015 (#11943)
Ages: 4-12 years old
Day: Friday
Time: 5:00 -10:00 pm
Fee: \$15.00/session

Minimum of 20 children per session.
City Staff Program



Mira Mesa Community Park

Irish-Ballet Dance Academy

This Dance class consists of the basic fundamentals of both Irish dance and Ballet. A comprehensive class for beginner's to intermediate dance levels. This dance class focuses on technique, barre work, safety and core strength for both dance styles. Students will learn how to execute all movements in both genres and gain a foundational knowledge of proper body placement and posture. This class will also enhance and build self-esteem, teamwork, communications skills and confidence.

No experience necessary

Instructor: Jia Arnell
Fee: \$30.00
Saturdays
March 14 - May 19, 2015 (#11866)
Time: 9:15 -10:30am
Ages: 6-12yrs old

Maximum of 10 students per session.
City Staff Program

Kitchen Kraziness

Join us and get messy with fun kitchen krafft!!

Days: Fridays
Dates: March 6 - March 27, 2015 (#11822)
April 3 - April 24, 2015 (#11843)
May 1- May 29, 2015 (#11853)
Time: 5:00 - 6:00 pm
Fee: \$10.00/session
Ages: 6-12 years old

Minimum of 5 students per session.
Maximum of 10 students per session

Location:
MMRC Kitchen & Activity Room
City Staff Program



Introduction to Sports w/Coach LaChica

Participants will learn the basic elements of soccer, basketball, baseball and football. Coaches will teach the basic techniques of offense and defense.

\$10.00/session

April 2-May 21, 2015

4:30 - 5:30pm (6 - 8 years) (#11993)

5:30 - 6:30pm (9-10 years) (#12005)

City Staff Program

Maximum of 20 students per session.



Soccer League

\$50.00/session

Wednesdays

March 25 - June 2, 2015

10 & under (#12226)

4:30 - 5:30pm

12 & under (#12230)

5:30 - 6:30pm

Friday

March 27-June 5, 2015

14 & under (#12231)

5:00 - 6:30pm

City Staff Program

Limit 12 per session



Ceramics 4 Kidz

Days: Mondays

Dates: March 2 - March 30, 2015 (#11889)

April 6 - April 27, 2015 (#11896)

May 4 - June 1, 2015 (#11902)

Time: 3:30 - 5:00pm

Fee: \$25.00/session

Ages: 10-15 years old

Minimum of 5 students per session.

Maximum of 10 students per session.

Location:

MMRC Craft Room

City Staff Program



ARE YOU GOING TO REGISTER ONLINE?

MMRC Online registration Activity Number are assigned for each class and appear in parenthesis; e.g. (#1234)



UPCOMING SPECIAL EVENTS...

FREE!

Spring Egg Hunt

Lopez Ridge Neighborhood Park

7245 Calle Cristobal, San Diego CA 92126

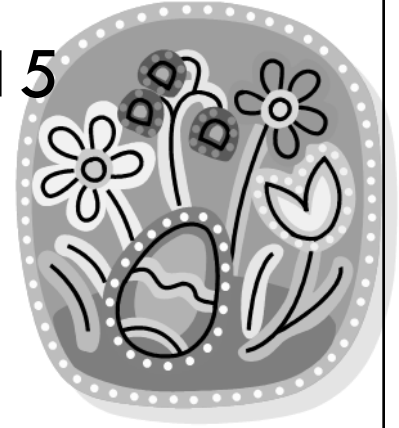
Thursday, March 26, 2015

11:00 - 1:00pm

Egg Hunt Times/Ages:

0 - 3 years: 11:30am

3 - 6 years: 11:45am



Special prizes will be awarded for finding the "Golden Egg." Please bring your own basket!
(Astro jump, Face painting & Kids Zone)

FREE!

Spring Egg Hunt

Mira Mesa Community Park

8575 New Salem Street, San Diego CA 92126

Friday, April 3, 2015

11:30 - 1:00pm

Egg Hunt Times/Ages:

11:30am 0 - 3 years old

11:45am 4 - 6 years old

12:00pm 7-10 years old

Free for all ages! Bring your own basket. We will be providing arts and crafts, jumpers, & food items will be for sale!

SATURDAY MAY 16, 2015



10:00 - 1:00pm

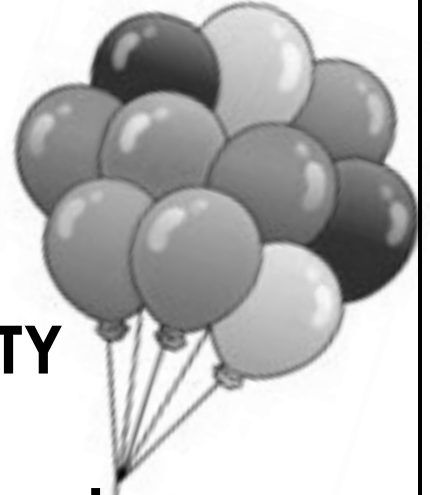
FREE

**HOURGLASS COMMUNITY
FIELD PARK**

10440 Black Mountain Road

San Diego, CA 92126

858-538-8153



**FUN for
EVERYONE!!!**

We will provide free jumpers
and face painting!!!
Food items will be for sale.



**GAMES,
FUN ACTIVITIES,
RAFFLES
& MUCH MORE!**

HOURGLASS 3RD ANNUAL OPEN HOUSE

SPRING FAIR 2015