

Reviewed by: District Communications



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APPROVED
By 115248 at 11:47 am, Nov 17, 2015



THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS

www.sandiego.gov

www.miramesarecreationcouncil.org

WINTER PROGRAM 2016

HOURLASS FIELD COMMUNITY PARK

10440 Black Mountain Road, San Diego, CA 92126
(858) 538-8153 Fax: (858) 538-8150

MIRA MESA COMMUNITY PARK

8575 New Salem St., San Diego, CA 92126
(858) 538-8122 Fax: (858) 538-8104

LOPEZ RIDGE NEIGHBORHOOD PARK

7245 Calle Cristobal, San Diego, CA 92126
(858) 538-8171 Fax: (858) 689-2618



AS A RECIPIENT OF FEDERAL FUNDS, THE CITY OF SAN DIEGO CANNOT DISCRIMINATE AGAINST ANYONE ON THE BASIS OF RACE, COLOR, GENDER, RELIGIOUS CREED, MARITAL STATUS, SEXUAL ORIENTATION, ANCESTRY, NATIONAL ORIGIN, AGE, MENTAL OR PHYSICAL DISABILITY, MEDICAL CONDITION (INCLUDING HIV, AIDS & AIDS-RELATED COMPLEX). IF ANYONE BELIEVES HE OR SHE HAS BEEN DISCRIMINATED AGAINST, HE OR SHE MAY FILE A COMPLAINT ALLEGING THE DISCRIMINATION WITH EITHER THE CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT (CONTACT THE DISTRICT MANAGER @ 619-235-1133) OR THE OFFICE OF EQUAL OPPORTUNITY, U.S. DEPARTMENT OF THE INTERIOR, WASHINGTON, D.C. 20240. THIS INFORMATION IS AVAILABLE IN ALTERNATIVE FORMATS UPON REQUEST.

WELCOME

Our staff cordially invites you to visit all recreation centers in Mira Mesa; Hourglass Field Community Park, Lopez Ridge Neighborhood Park and Mira Mesa Community Park.

Recreation Center & Schedules

Hourglass.....pages 4-6
Lopez Ridge..... pages 7-8
Mira Mesa Gil Johnson.....pages 9-10
Events Page.....pages 11-12



Holiday Closures

December 25
January 1
January 18
February 15

Important Phone Numbers

SDPD (Non-Emergency) (619) 531-2000
Ned Baumer Pool (858) 538-8083
Report Off Leash Dogs (619) 767-2675

Other Facilities

Verne Goodwin Senior Center
8460 Mira Mesa Blvd
San Diego, CA 92126
(858) 578-7325

Rancho Penasquitos Skate park
10111 Carmel Mountain Rd
San Diego, CA 92129
(858) 538-8131

Individuals with Special Needs

All activities accommodate people with disabilities. Upon availability, Therapeutic Recreation Services Department will provide additional assistance from recreation staff requiring a three week advance notice. An assessment will be determined if one-on-one aide is needed. Therapeutic Recreation Services is a Citywide program that provides recreation opportunities for people with disabilities. More information is available by calling them at (619)525-8247 or (619)525-8249TTD.

Donations

By donating to our park systems, you can help the Park and Recreation Department enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool, or recreation program, please call the Deputy Director Community Parks I Division, (619)235-1130.

Park Use Information

For park use permits and reservations for the listed areas including, but not limited to sports field use, picnic areas, special events, and gazebos.

Please contact the following Recreation Centers:

Hourglass Field Community Park

(858) 538-8153

Maddox Park

Mason Joint Use
Mesa Verde Park
Walker Joint Use
Wangenheim Joint Use
Westview Park

7809 Flanders Drive

10340 San Ramon Drive
8350 Gold Coast
9125 Hillery Drive
9230 Gold Coast Drive
11278 Westview Pkwy

Lopez Ridge Neighborhood Park

(858) 538-8171

Sandburg Park

11170 Avenida Del Gato

Mira Mesa Community Park

(858) 538-8122

Breen Park

Camino Ruiz Park
Challenger Joint Use
Ericson Joint Use
McAuliffe Park
Mesa Viking Park
Mira Mesa Community Park

11119 Polaris Drive

11498 Camino Ruiz
10810 Parkdale Ave
11174 Westonhill Drive
7540 Winterwood Lane
11278 Westonhill Drive
8575 New Salem Street

Parks with gazebos in **BOLD** are available for permit.

Recreation Council Information

These groups of concerned citizens volunteer their time to advise Park and Recreation staff on matters related to park and recreation programs, community events, equipment and improvements. They plan, promote, publicize and help provide recreation opportunities for citizens in the Mira Mesa community. Groups, clubs and leagues using the parks are encouraged to send a representative to the meetings. Meetings are open to the public. New membership is encouraged and welcomed. Persons interested in making a positive impact or who have concerns about local parks and recreation center should attend these meetings.

The Mira Mesa Recreation Council meets on the second Tuesday of every month at 7:00pm at Lopez Ridge Recreation Center.

Please visit www.miramesarecreationcouncil.org for more info.

Volunteers Needed!!

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit:

<http://www.sandiego.gov/park-and-recreation/general-info/employment/volunteer/index.shtml> or contact the Volunteer Office at (619)533-4017.



IMPORTANT INFORMATION
Recreation Centers are equipped with Automated External Defibrillator



All City of San Diego Parks and Beaches are smoke free.

Registration, Permits & Payment

Online Class Registration is available for ALL CLASSES at **Mira Mesa, Hourglass, and Lopez Ridge Recreation Centers.**

Class Numbers are located next to class dates for easy access to locating classes online.

Example: (#12345).

Please visit

www.sdreconnect.com

to create an account and get signed up.

For all **Returning Customers** (previously registered for classes online)- Click the "my account" button. Enter your login (email) and password. Login with this password to activate your account.

For all **New Customers** Click on the "create account" button. Fill out the new account request form completely, including all the required fields (birth date, gender, email etc) and click submit. You will then receive a confirmation email at the address you provided. Please follow directions to activate your account.

FIRST TIME USERS ONLY:

Please note: Parent/Guardian must create their own account first using their own information. Once you have an online registration account you will have the opportunity to add a child as a family member.

For any further assistance please click on the FAQ (frequently asked questions) button.

For in person registration please call the recreation centers for registration hours.

Service fees will apply as follows for all transactions.

For Online Registrations, \$2 transaction fee and 3% processing fee will be charged for every transaction.

For In-house Registrations, \$2 transaction fee will be charged for every transaction. Rates are established by the service provider and are nonrefundable transaction. Rates are established by the service provider and are nonrefundable.

Payment Policy for Classes

- Payment is required at the time of registration.
- Please pay with EXACT cash, check (payable to **MMRC**), or credit card.
- A \$25.00 fee will be charged for all returned checks.
- Class fees are not prorated or discounted after the beginning of the scheduled session.

Refund Policy for Classes

No partial refunds or make-ups for missed classes (i.e.: routine illness, vacations, or other schedule conflicts). Sorry, no exceptions!! A \$10.00 service fee will be charged per registrant for each refund request. Online transaction fees and processing fees will not be refundable. Due to the nature of their business, class instructors rely on registration numbers in order to plan safe and well supervised classes. If you or your child does not participate after the refund deadline, we cannot process a refund or transfer. Thank you for your understanding. A refund request form and your registration receipt must be submitted prior to second class meeting.

Permits

Permits will be processed on an appointment basis only.

Please make your appointment at least 10 days prior to your desired date to ensure adequate time to complete this process.

Acceptable forms of payment are credit card, check or cash (*exact amount please*). Must provide proof of insurance.

Please make checks payable to:
City Treasurer.



Ned Baumer Pool

10440 Black Mountain Road
San Diego, CA 92126
(858) 538-8083

Winter Hours

September 8 - December 20

Pool is closed :
Dec 21-Jan 18

Small pool closed Nov 21.

Lap Swim:

Mon/Wed/Fri	6:30-8:30am 10:45-12:45pm 10:00-3:00pm
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Saturday

Rec. Swim/Children's Pool:

Mon/Wed/Fri	11:00-3:00pm
Saturday	12:00-3:00pm

Admission and Fees

Facility Admission:

Adults(16 and older) - \$4.00
Children/Disabled/Senior - \$2.00

Discount Pass Fees:

Adults(16 and older) - \$100.00 (30 swims)
Adults(16 and older) - \$35.00 (10 swims)
Children/Disabled/Senior - \$45.00 (30 swims)
Children/Disabled/Senior - \$15.00 (10 swims)

Requirements for Independent Contractors

1. All contractors and volunteers must be fingerprinted by the City of San Diego Live Scan process.
2. Contractors must submit a business license, proof of insurance, and provide workers comp coverage for all employees.
3. City staff handles all registration for the program.
4. Contactor's must provide insurance coverage for all employees and liability insurance for all participants.

**** Permit Holder Requirements****

1. Proof of insurance.
2. Own advertisement of program.
3. Registration is handled by permit holder. Permit holder is not required to submit proof of fingerprinting for their coaches, volunteers and/or instructors.

All permit holders are identified with an **permit holder on this program.**

Youth Sports

Mira Mesa Little League:	eteam2.com/mmwl
Mira Mesa Youth Baseball:	www.mmyb.org
Mira Mesa Youth Football:	www.mmchargers.org
Mira Mesa AYSO:	www.miramesayso.com
Mira Mesa Girls Softball League:	www.leaguelineup.com

Adult Sports

Co-Ed & Men's Softball:	John Grondona Softballsd.com
Adult Basketball League:	Rob Powell Sandiegobasketball.com
Softball:	Vavi Govavi.com
Senior Softball:	Jerry Hemes (619) 697-1083

HOURGLASS

10440 Black Mountain Rd. San Diego, CA 92126
(858) 538-8153

Welcome

The staff at Hourglass Field Community Park would like to welcome you and your family to our facility. We offer a variety of activities for both children and adults. Our goal is to provide you with the best activities possible and be able to fulfill your recreational needs. We welcome any suggestions you may have for new and existing activities.

Facility

Hourglass Field House has 3 meeting rooms, kitchen, game room, gym, 7 multi-purpose fields, sports equipment, a dance room with mirrors, playground, and just about anything else to make your visit to the facility enjoyable. If you wish to utilize the facility for a special event or as a regular meeting place, please contact the office for more details.

Hours Of Operation

Monday	10:00am-9:00pm
Tuesday	1:00-9:00pm
Wednesday	10:00am-9:00pm
Thursday	1:00-9:00pm
Friday	11:00am-8:00pm
Saturday	9:00am-4:00pm
Sunday	10:00am-4:00pm

All hours & activities subject to change without prior notice.

Game Room Hours

Monday:	3:00-7:00pm
Tuesday:	3:00-7:00pm
Saturday:	10:00-1:00pm

All hours & activities subject to change without prior notice.

STAFF

Angel Castro	Area Manager II
Denise M. Lamb	Center Director III
Michelle Tucker	Assistant Center Director
Eric Brown	Recreation Leader I
Paul Lee	Recreation Leader I
DeSean Harris	Recreation Leader I
Omar Harrison	Recreation Leader I
Jai'Vaughn Black	Recreation Aide

Registration

Monday:	3:00-7:00pm
Wednesday:	3:00-7:00pm
Saturday:	9:00-1:00pm

Note: Two staff members must be present at time of registration & permits are done by appointment only. Exact Cash, Credit Cards, & Checks are accepted.

Basketball League

SEASON DATES

Jan 4-April 2

\$55.00*

Includes jersey

3 Age Divisions
Ages 5 -14

Call 858 538-8153 for
registration information

**\$25.00 for Parents who volunteer to
coach a team.**

***Financial Aid Available**

Sparkle by Choice

Attention all YOGA lovers!

If you like yoga and also love personal development/self-help books, then this class was made for you! This is a fun class that establishes full body and mind exercise-- a playful yoga concept that incorporates key principles from books, like "Think and Grow Rich" by Napoleon Hill, by using the science of body movement & memory.

Ages: 18 years old & up

Fee: \$60.00/6 weeks

Day: Monday

Time: 10:00-11:15am

Nov 30 – Jan 4 (**#21813**)

Jan 11 – Feb 15 (**#21815**)

Or

Day: Thursday

Time: 1:00-2:15pm

Dec 3 - Jan 14 (**#21814**) (No Class Dec 24)

Jan 21 – Feb 25 (**#21816**)

30 participants max

Independent Contractor



sparklebychoice

Hourglass Field Community Park

Junior Tennis

This course will teach the forehand, backhand and serve. The scoring system and tennis etiquette will be introduced.

Instructor: Coach Stan Jefferson
Phone #: (619)770-7187
E-mail: dbadamoyttennis@yahoo.com
Date: Dec 5-Feb 27 (No class Dec 26)
Day: Saturday
Fee: \$120.00/12 weeks

1 Beginners:

Time: 8:00-9:00am (#21327)

or

9:00-10:00am (#21328)

Ages: 6-10 years old

2 Intermediate:

Time: 10:00-11:00am (#21329)

or

11:00-12:00 pm (#21330)

Ages: 8-14 years old

3 Advanced:

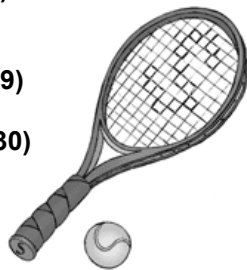
Time: 12:00 pm (#21331)

Ages: 10-16 years old

Tennis racquet and tennis shoes are required.

Each student must bring a can of unopened tennis balls.

Independent Contractor



Irish-Ballet Dance Academy

This class consists of the basic fundamentals of both disciplines. Students will learn how to execute movements in both disciplines and gain knowledge of proper body placement and posture. No experience necessary!

Instructor: Jia Arnell
Time: 3:30-4:30pm
Day: Tuesday
Age: 4-12years old
Fee: \$30.00/11 weeks
 Sept 8-Nov 17 (#18841)

City Staff Program



Civic Dance

www.civicedanceart.org

619-235-5255

In the class your child will begin the passion for dance through Ballet and Jazz.

Fee: \$41.00
Date: Jan 6-May 18
Intermediate Ballet 3A (#21341)

Time: 4:15-5:15pm

Age: 8-18 years old

Advanced Beginner Tap 2A (#21339)

Time: 5:15-6:00pm

Age: 6-17 years old

Advanced Beginner Jazz 2A (#21338)

Time: 6:00-6:45pm

Age: 6-17 years old

Advance Intermediate Ballet 4A (#21340)

Time: 6:45-8:15pm

Age: 12-18 years old

City Staff Program

Ice Skating

Skaters can practice during the public session from 3:00pm to 5:00pm before or after their class. Skate rental is included. Students should dress warmly and wear gloves or mittens. Classes are held at:

San Diego Ice Arena 11048 Ice Skate Place SD 92126
(858) 530-1826.

Instructor: Wendy Smith
Phone #: (858)530-1826
Fee: \$50.00 / 4 weeks
Day: Wednesday

Tot Starter:

Time: 4:00-4:30pm

Ages: 3-5 years old

Jan 6-27 (#20968)

Feb 3-24 (#20969)

Youth:

Time: 4:30-5:00pm

Ages: 6-12 years old

Jan 6-27 (#20970)

Feb 3-24 (#20971)

Independent Contractor



Mad Cooking & Craft Creations

This class will make creations that are mad, strange, unordinary but tasty and delicious. The second part of this class will be creating different take home masterpieces.

Time: 4:30-6:00pm
Age: 7-12 years old
Fee: \$15.00/4 week
Day: Tuesday
 Jan 19-Feb 16 (#21365)

City Staff Program



Parent's Night Out

Drop your child off with us for a night out to yourself. Your child will have 5 hours of fun playing indoor & outdoor games & activities, dinner & ending the night with a movie!

Time: 5-10 pm
Ages: 4-12 years old
Fee: \$15.00
 Jan 29 (#21332)
 Feb 26 (#21333)

City Staff Program



ARE YOU GOING TO REGISTER ONLINE?

MMRC's online registration activity numbers are assigned for each class and appear in parenthesis; e.g. (#1234). See page 3 for more details.

Log on to www.sdreconnect.com

Hourglass Field Community Park

Dance by Michelle



Instructor: Michelle Fripp
Phone #: (619) 647-5762

First Steps: Classes are designed to teach tap combinations along with exercises to enhance rhythm coordination and motor development.

Time: 9:10-10:00am

Age: 3-5 years old

Jan 9-Feb 27 (#21324) \$77 / 8 weeks

Introduction to Tap & Jazz: Introduction to ballet, tap, and jazz encompassing awareness of music, direction, and body discipline.

Time: 10:10-11:00am

Age: 6-7 years

Jan 9-Feb 27 (#21325) \$77 / 8 weeks

Tap & Jazz Combo II: Classical jazz and tap "level II" for intermediate dancers by instructor's referral only. Must have basic Jazz and Tap skills to enroll in this class.

Time: 11:10-12:00pm

Age: 12-17 years

Jan 9-Feb 27 (#21326) \$77 / 8 weeks

(Maximum 15 students per class)

Independent Contractor

Spirit Kids Sports Gymnastics

For full schedule visit
www.SpiritKidsSports.com
 858-229-4462

Our goal is to help children build self-esteem, have fun and to instill positive attitudes that will set the pace for their future athletic development through gymnastics, dance, and cheerleading.

Monday: 4:00-4:50pm (Ages 4 & up)

Dec 7-Feb 22 (#21263) \$120/8 weeks

5:00-5:50pm (Ages 4 & up)

Dec 7-Feb 22 (#21287) \$120/8 weeks

Thursday: 3:30-4:20pm (Ages 4 & up)

Dec 3-Jan 21 (#21316) \$90/6 weeks

Jan 28-Feb 25 (#21314) \$75/5 weeks

4:30-5:20pm (Ages 4 & up)

Dec 3-Jan 21 (#21297) \$90/6 weeks

Jan 28-Feb 25 (#21315) \$75/5 weeks

Saturday: 9:10-10:00am (Ages 4 & up)

Dec 5-Jan 23 (#21303) \$90/6 weeks

Jan 30-Feb 21 (#21306) \$75/5 weeks

10:00-10:50am (Ages 4 & up)

Dec 5-Jan 23 (#21308) \$90/6 weeks

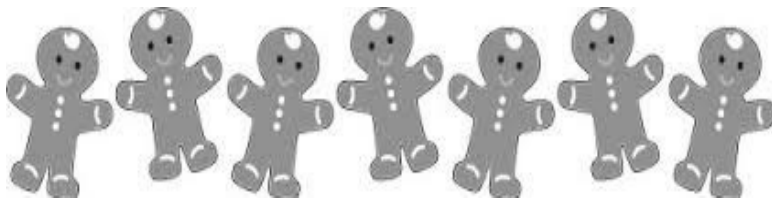
Jan 30-Feb 21 (#21311) \$75/5 weeks

11:00-11:50am (Ages: 4 & Up)

Dec 5-Jan 23 (#21312) \$90/6 weeks

Jan 30-Feb 21 (#21313) \$75/5 weeks

Independent Contractor



Join us at Hourglass for Holi-Days!

This new day camp will include cooking activities, arts and crafts, group activities and games. As well as sporting activities for your child to enjoy while on their Winter Break from school!

Time: 9:00am-3:00pm

Age: 6-11 years old

You may sign up for one day or sign for all three days and save.

Week Fee: \$30.00

1st week: Mon-Wed, Dec 21-23 (#21334)

2nd week: Mon-Wed, Dec 28-30 (#21368)

Day Fee: \$15.00

1st week: Mon, Dec 21 (#21335)

Tues, Dec 22 (#21336)

Wed, Dec 23 (#21337)

2nd week: Mon, Dec 28 (#21369)

Tues, Dec 29 (#21370)

Wed, Dec 30 (#21371)

City Staff Program. (20 children maximum)

Children must bring their own lunch.

Afternoon snack will be provided!



LOPEZ RIDGE

7245 Calle Cristobal San Diego, CA 92126
(858) 538-8171

Welcome

Our staff cordially invites you to visit the Park at Lopez Ridge. Look through the program for a class you and your family may enjoy. There are a variety of classes to choose from, dance, art, fitness, and sports.

Facility

Lopez Ridge Park has meeting rooms available for rent for birthday parties, board/staff meeting, monthly meetings, trainings and more. We have an outdoor basketball court, softball field, a beautiful shaded playground and picnic area, with a scenic view of native plant life. Nearby Camino Ruiz Neighborhood Park has gazebos available to rent for parties and other special occasions.

Please call 858 538-8171 for more information; reservation required.

Hours Of Operation

Monday: 11:30-7:30pm
Tuesday: 11:30-7:30pm
Wednesday: 11:30-7:30pm
Thursday: 11:30-7:30pm
Friday: 11:30-6:30pm
Saturday: 9:00-3:00pm

Hours of Registration

Tuesday: 12:00-4:00pm
Fridays: 12:00-4:00pm
Saturday: 12:00-3:00pm

*All hours & activities are subject to change without prior notice.
Appointments must be made with Center Director.*

Staff

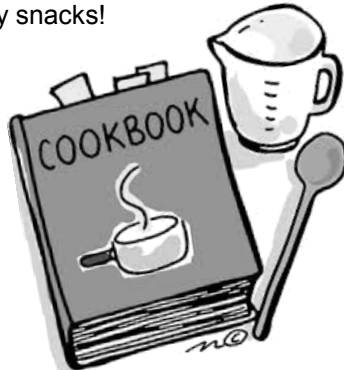
Angel Castro	Area Manager II
Trena Bennett	Center Director I
Nicole Dewitt	Recreation Leader I
Lenae Plosczynski	Recreation Leader I
Eleazar Barcenas	Ground Maintenance Worker

Happy Holidays!

CREATIVE COOKING ARTS & CRAFTS

This 2 in 1 program will be filled with double the fun! The kids will have a great time getting messy with art and in the kitchen, as they learn how to do a variety of different art projects and make yummy snacks!

Time: 12:30-1:30 pm
Day: Saturday
Age: 3-8 years old
(Parent/Child class)
Fee: \$10.00
Dec 5-26 (#21288)
Jan 2-30 (#21291)
Feb 6-27 (#21292)
City Staff Program



PEE WEE SPORTS

This class is an introduction of many sports. The kids will learn the basics of sports; develop skills drills, and increase strength and flexibility through free play. Free t-shirt with first time enrollment.



Time: 3:30-4:30pm
Day: Monday
Age: 4-8 years old
Fee: \$12.00
Dec 7-28 (#21307)
Jan 4-25 (#21309)
Feb 1-29 (#21310)
City Staff Program



Lopez Ridge Neighborhood Park

Sick and tired of the same old work out routine?
Join us at Lopez Ridge for a variety of work outs!
No experience necessary!

Kickboxing, Cardio & HIIT Training

Nothing short of sweat and energy in this class, which combines boxing drills and high intensity interval training (HIIT). HIIT is exercise comprised of alternating short periods of very vigorous activity and long periods of active recovery time. This class will help you improve endurance and reduce stress.

Time: 6:00-7:00 pm
Day: Thursday
Age: 13 years old & up
Fee: \$10.00
Dec 3-31 (#21302)
Jan 7-28 (#21304)
Feb 5-26 (#21305)

City Volunteer



Cardio
Kickboxing

Lets get fit together

Cardio Fitness Dance

This class is designed for teens & adults with a focus on cardio fitness and complete core workout to high-energy Polynesian music. Join us for dynamic and effective interval training with a combination of fast and slow rhythms that will tone your body!

Time: 6:00-7:00pm
Day: Tuesday
Age: 13 years old & up
Fee: FREE!
Dec 1-29 (#21293)
Jan 5-26 (#21396)
Feb 2-23 (21294)

City Volunteer



Zumba Dance 4 Kids

This class is a fusion of international high energy musical dance themes that create dynamic and effective interval training with a combination of fast and slow rhythms that will tone your body!

Time: 4:00-5:00 pm
Day: Friday
Ages: 4-7 years old
Fee: \$10.00
Dec 4-18 (#21298)
Jan 1-29 (#21299)
Feb 5-26 (#21301)

City Volunteer



ARE YOU GOING TO REGISTER ONLINE?

MMRC's online registration activity numbers are assigned for each class and appear in parenthesis; e.g. (#1234). See page 3 for more details.

Log on to: www.sdrecconnect.com



MIRA MESA

8575 New Salem Street, San Diego, CA 92126

(858) 538-8122

Welcome

The staff at the Gil Johnson Mira Mesa Recreation Center would like to welcome you and your family to our facilities. We offer activities and programs for both adults and children. Our goal is to enrich lives through quality parks and programs. Please enjoy all the events, programs, and facilities Mira Mesa has to offer.

Hours of Operation

Monday	12:00-8:00pm
Tuesday	9:00am-9:00pm
Wednesday	11:00am-9:00pm
Thursday	9:00am-9:00pm
Friday	12:00-7:00pm
Saturday	9:00am-4:00pm
Sunday	10:00am-2:00pm

Hours subject to change without notice.

Hours of Registration

Mondays	12:00-4:00pm
Tuesdays & Thursdays	2:00-6:00pm

Permits are by appointment only.

All hours and activities are subject to change without prior notice.



Recycling Bins are located in the parking lot accepting metal, aluminum, plastic bottles, newspapers, magazines, and cardboard.

Staff

Angel Castro	Area Manager II
Christian Haupt	Center Director III
Viviana Silva	Assistant Center Director
Jia Arnell	Recreation Leader I
John LaChica	Recreation Leader I
Nicole Belcher	Recreation Leader I
Roque Ramirez	Grounds Maintenance Worker II

Game Room Schedule

Monday:	12:00-7:45pm
Tue. & Thurs:	2:00-8:45pm
Wednesday	2:00-8:45pm
Friday:	1:00-6:45pm
Saturday:	10:30-2:45pm

All hours and activities are subject to change without prior notice.

New Programs...

Hip-Hop Dance Class

This is a high energy, rhythmic form of dance focusing on body isolations and is the latest form of physical expression in today's pop culture. Choreographed dance routines allow participants to express their creativity through movement to Hip-Hop and Pop music.

Time: 4:00 - 5:00 pm
Day: Thursday
Age: 8-17 years old
Fee: \$10.00
 Dec 3-Jan14 (#20577)
 No Class Dec 24-30.
 Jan 28-Feb 25 (#20578)
 City Staff Program



Tiny Tot's Circle Time

Tiny Tot's Circle Time provides a high quality, age appropriate and nurturing environment that your child will flourish within. Our focus will be to provide your child with a stimulating early educational experience that will consist of various pre-school like curriculum. This will include, but not limit to, arts and crafts, reading, numbers, music and movement.

Time: 9:30-11:30am
Day: Tuesday & Thursday
Age: 3-5 years old
Fee: \$45.00
 Dec 1-Jan14 (#20639)
 No Class Dec 24-31.
 Jan 19-Feb 24 (#20640)
 City Staff Program



Mira Mesa Community Park

Introduction to Sports

This class will teach children the basic elements of soccer, basketball, baseball and football. Coaches will teach the common techniques of offense and defense.

Time: 4:30-5:30pm

Day: Thursday

Age: 8-10 years

Fee: \$10.00

Date: Dec 3-Jan 14 (#20581)

No class Dec 24 & 31.

Jan 21-Feb 19 (#20582)

City Staff Program

Fundamentals of Basic Basketball

This class is for beginners as well as the experienced player who wants to improve their skills. An ideal class for youngsters to build their self esteem needed to compete.

Instructor: John Garwood

Time: 4:30-5:30pm

Day: Thursday

Age: 6-8 years old

Fee: \$90.00/10 weeks

Jan 7- Mar 10 (#21557)

Independent Contractor



Ceramics 4 Kidz

This class aims to teach each child the basic principals of ceramics, while providing children the tips and tools they need to create beautiful artwork.

Time: 3:30-5:30pm

Day: Wednesday

Age: 7-15 years old

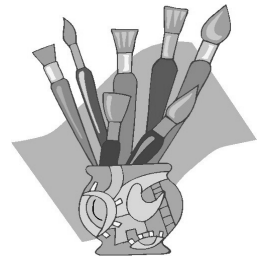
Fee: \$25.00

Dec 2-Jan 13 (#20575)

No class on Dec 30.

Jan 20-Feb 24 (#20575)

City Staff Program



Pee Wee Sports

This program is to help kids interact in a fun and safe environment. Your children will participate in sports and other physical activities like tumbling, and basketball. First time participants will receive a T-Shirt!

Time: 5:00-6:00pm

Day: Wednesday

Age: 3-6 years old

Fee: \$12.00

Dec 2-23 (#20591)

Jan 6-27 (#20592)

Feb 3-24 (#20593)

City Staff Program

Homework Help

Homework help is an excellent way to provide your child with the skills to help complete and get assistance with their general studies.

Time: 4:00-5:00pm

Day: Tuesday & Wednesday

Age: 6-13 years old

Fee: \$5.00

Dec 1-23 (#20598)

Dec 29-Jan 20 (#20607)

Jan 26-Feb 17 (#20609)

City Staff Program



Arts & Crafts

Your children will have lots of fun creating a work of art that they will be proud to hang on their fridge.

Day: Monday

Fee: \$5.00

Time: 3:00-4:00pm

Age: 5-8 years old

Dec 7-Jan 4 (#22001)

Jan 11-Feb 22 (#22002)

Time: 4:00-5:00pm

Age: 9-13 years old

Dec 7-Jan 4 (#20613)

Jan 11-Feb 22 (#20616)

No class on Jan 18 & Feb 15. City Staff Program



Kitchen Kraziness

Join us and get messy with fun kitchen krafftss!!

Time: 4:00-5:00 pm

Day: Friday

Age: 6-12 years old

Fee: \$15.00

Dec 4-Jan 15 (#20579)

No class Dec 25 & Jan 1.

Jan 22-Feb 19 (#20580)

City Staff Program



ARE YOU GOING TO REGISTER ONLINE?

MMRC's Online registration activity numbers are assigned for each class and appear in parenthesis; e.g. (#1234). See page 3 for more details.

Log on to:

www.sdreconnect.com



Winter Basketball League 10&Under

The youth basketball program is designed to develop and enhance players fundamental skills on passing, dribbling and shooting in a friendly and team oriented environment. Qualified teams will get a chance to participate in the City Wide tournament hosted by the S.P.O.R.T.S. Committee at the end of the season.

Practices will be held at Mira Mesa Community Park
8575 New Salem Street, San Diego, CA 92126

Games will be played at Hourglass Field Community Park.
10440 Black Mountain Road, San Diego, CA 92126

For more information please contact us at (858)538-8122.

SEASON STARTS
Jan 13 (#20877)

\$55.00

Includes jerseys &
award banquet

REGISTRATION
Nov 21-Jan 27



***Registration Period:**

Oct 11-Nov 22

Hours: Mon-Fri 1:00-7:00pm/Sat & Sun 10:00am-2:00pm

Registration can be done at the following 2 locations:

Mira Mesa Community Park

8575 New Salem St

(858)538-8122

Hourglass Field Community Park

10440 Black Mountain Rd

(858)538-8153

Toy Pick-Up

Dec 12 @ 9:00am-2:00pm

Hourglass Field Community Park

10440 Black Mountain Rd

San Diego, CA 92126

(Located on the Miramar College Campus)

*Program for children ages 0-12 years old, social security number required for all children.
Valid ID with USA address required for persons registering.

UPCOMING SPECIAL EVENT...



Saturday, December 19th
9:00-11:00am



\$5.00 per Person (#19270)

Pre-Registration Starts: December 5th

To register please visit: www.SDRecConnect.com!

**Meet & Greet with Santa, Breakfast,
Face Painting, Craft Activities, &
much, much more!!**

Lopez Ridge Recreation Center
(858)538-8171

